

Youth & Family Counseling Fact Sheet

- **YFC is one of only two organizations** in Lake County whose fee structure is based on clients' income levels. Offering an opportunity to discuss life's difficult events with a professional counselor at an affordable fee will always remain an integral component of the healthcare continuum and YFC's mission.
- **75% of YFC clients are considered extremely low/low income** in Lake County (based on federal guidelines) and are primarily women, single parents, or adolescents.
- In 2006, YFC logged over **12,000 hours of service and impacted the lives of over 3,000 people** living or working in Lake County.
- YFC's number one referral source – current and previous clients.
- Most frequent reasons for seeking counseling:

1. Depression	6. School stress
2. Marital relationship issues	7. Alcohol and/or substance abuse
3. Grief and loss issues	8. Homelessness
4. Financial stress	9. Physical, sexual, emotional abuse
5. Job stress	10. Anxiety
- Average fee: \$40
- Minimum fee: \$20
- Percentage of clients with subsidized fees: 95%
- Percentage of clients whose fee was \$20: 50%
- Average length of treatment: 25 visits
- 83% of clients experienced improvement in their overall ability to more effectively manage life stress
- Professional staff: 16 licensed therapists who hold Masters or Doctoral degrees